



SAY IT:

Humility is putting others first by giving up what you think you deserve.

KNOW IT:

Ask a kid:

- Would it be harder to put a sibling or your best friend first? Why do you think so?
- How do adults in your life put your needs first?

Ask a grown up:

- Who inspires you to live out humility?
- What does it cost to put others first?

SEE IT:

Search on YouTube for the scene called "Keep Swimming" in *Finding Nemo*. How did the fish show humility? What might have happened to them if they didn't work together and listen to Marlin and Nemo?

BE IT:

Use scrap paper to put each family member's name in a bowl or jar. For the rest of the month, draw a name from the bowl when a decision needs to be made (where to eat out, what to cook for dinner, what movie to watch, what game to play, etc.). When a family member's name is drawn, they give up the chance to make that choice and say the name of a different family member to make the decision.

Kids and families can enjoy learning about **HUMILITY**:
Putting others first by giving up what you think you deserve,
by watching the ***Adventure with Artie***.

