

SAY IT:

Knowledge is learning something new so you can be better at whatever you do.

KNOW IT:

Ask a kid:

- What is your favorite activity (sport, hobby, etc.)? What subject in school might help you get better at that activity?
- What way do you learn best:
 - o By hearing about things?
 - o By reading about things?
 - o By trying things yourself?

Ask a grown up:

- What subject did you learn in school that you use a lot in your adult life?
- How do you learn new things now?
- What is something new you learned recently?

SEE IT:

Most children's sitcoms have a "moral" or lesson that they teach throughout the episode. The next time you watch a show together, try to guess what they writers want you to learn by watching this episode. As a family, decide which characters learned the lesson, and which ones didn't. Also, ask each other how you could each apply that lesson to your own lives.

BE IT:

Have each family member choose something simple they can teach others (how to braid hair, a few words in another language, how to dribble a soccer ball, etc.). Take turns teaching and learning something new as a family.

Kids and parents can watch this fun SHOW on KNOWLEDGE, choosing to be happy even when things don't go your way. Click the PHOTO below to watch the show!

