



MARCH 2017 : FORGIVENESS // SALAMANDER // GREEN

SAY IT:

Forgiveness is deciding that someone who has wronged you doesn't have to pay.

KNOW IT:

Ask a kid:

- How is forgiving someone like giving them a chance to start over?
- Have you ever argued with someone so long that you forgot what you were arguing about?

Ask a grown up:

- Is it harder for you to apologize or to forgive someone?
- How does it hurt us when we choose not to forgive?

SEE IT:

Go to YouTube to look up the video "Rosa Learns Forgiveness". This 2-minute video tells the story of two friends who have a bad fight that might end their friendship. After you watch the video, talk about Rosa and Ana's story. Has that ever happened to you? Did Ana and Rosa do the right thing? Should one of them have "paid" for their actions, or did they already?

BE IT:

Head outside and find several rocks. Take turns having each family member fill his or her pockets with the rocks and walk around for a while. What does it feel like to carry around that weight? How is forgiveness related to carrying around those rocks? When you are done, give each person one rock to put in his or her room to remember what it felt like to not forgive.

Kids and families can enjoy learning about **FORGIVENESS**:
deciding that someone who has wronged you doesn't have to pay,
by watching the ***Adventure with Artie***.

