

SAY IT:

Responsibility is proving you can be trusted with what's expected of you.

KNOW IT:

Ask a kid:

- What is something big that you would like to be trusted with someday?
- When is it hard for you to be responsible?

Ask a grown up:

- What are your greatest responsibilities?
- When did someone in your family show they could be trusted with more?

SEE IT:

For millions of people every weekend, football is a big deal. To make those games so exciting and competitive,

lots of people have to follow through on their responsibilities each week. Take the coach for example – what responsibilities does the coach have each week? As a family, make a list of what responsibilities the coach of your favorite football team might have. In what ways are those similar to responsibilities you have?

BE IT:

Choose one night this month to cook together as a family. Give each family member at least one responsibility for the meal. Maybe younger siblings could set the table or pour drinks, older kids can make a dessert or salad, and really responsible kids can cook a main dish. As you eat, remember that feeding your family is someone's responsibility every night. Make sure you thank them for showing that responsibility to you.

Kids and parents can watch this fun SHOW on what RESPONSIBILITY, Proving you can be trusted with what is expected of you, looks like. **Click the PHOTO below to watch the show!**

